



LOCAL YOGA STUDIOS

NAME	WEBSITE	PHONE/ADDRESS
Yoga Balance Studio	yogabalance.info	(603) 625-4000 135 Hooksett Rd, Manchester NH
Banyan Tree Yoga	banyantreeyoganh.com	(603) 889-1121 5 Pine St. #2A, Nashua, NH
Eden Yoga	edenyoganh.com	(978) 621-5542 40 Thorndike St. Suite 2C, Concord NH
Childlight Yoga	childlightyoga.com	(603) 343-4116 53 Washington St, LL100, Dover NH
Mountain Base Yoga Janine Mitchell Baby + Me Yoga & Prenatal Yoga	mountainbaseyoga.com	(603) 548-4778 3 Church St, Goffstown NH
Nahar Yoga	naharyoga.com	(603) 247-5263 94 W. Broadway, Derry NH
Ohana Yoga	ohanayoganh.com	(603) 748-1539 44 Cedar Street, Contoocook, NH
Yoga Life Institute of NH (Postnatal)	yogalifenh.com	(603) 867-3969 6 Chestnut St, Suite A, Exeter NH
Bodyworks at Depot Square	bodyworksds.com	(603) 672-1331 12 Depot Square, Peterborough NH
Turtlesong Yoga (Family & Kids)	turtlesongyoga.net	(603) 935-9822 198 Londonderry Turnpike, Hooksett NH